



2015 TITLE III PROGRAM DIRECTORY

*“Enhancing the quality of life for older adults, individuals with disabilities, and their caregivers in
North Central Connecticut
by ensuring access to quality and cost effective services.”*

**NORTH CENTRAL AREA AGENCY ON AGING, INC.
151 NEW PARK AVENUE, BOX 75
HARTFORD, CT 06106**

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FAX: 860-251-6107
WEBSITE: www.ncaaact.org**

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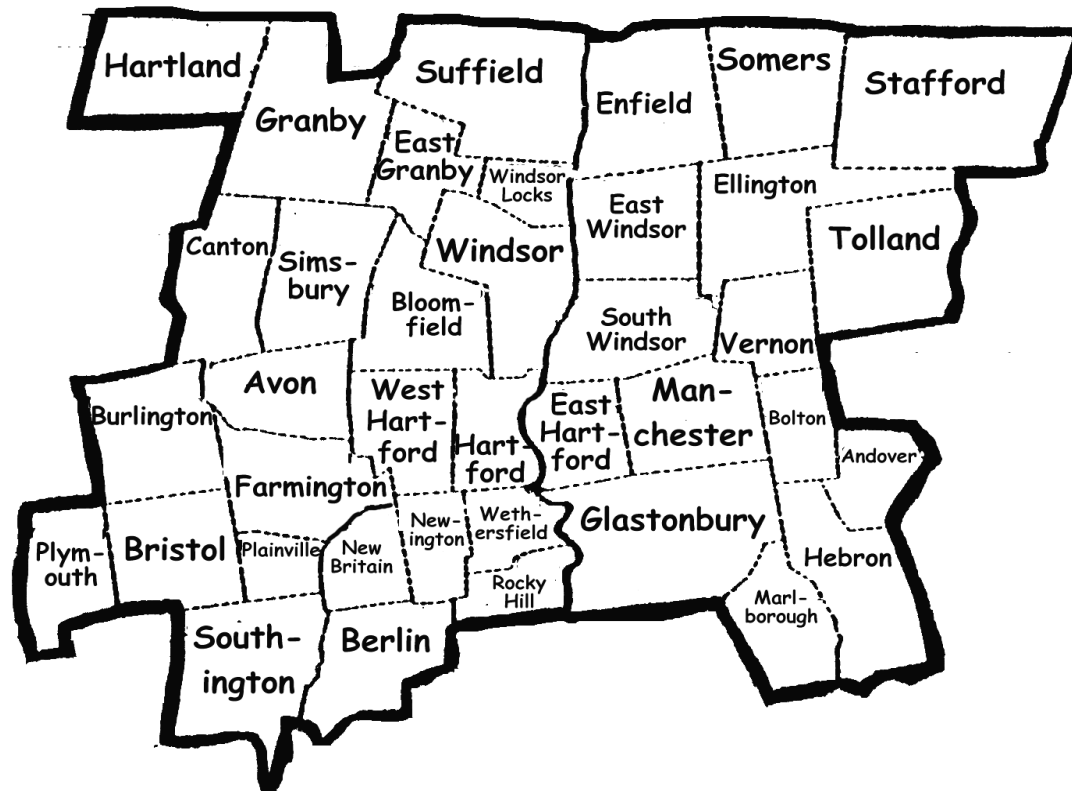
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INTRODUCTION

The North Central Area Agency on Aging, Inc. (NCAAA) is the regional organization that provides planning and financial support to agencies serving older residents of North Central Connecticut. As one of five Area Agencies on Aging in the state, and over 600 in the country, NCAAA works with the *Aging Network*, which includes older persons, government officials, service providers, planning agencies, advocacy groups, and private-sector organizations. Based in Hartford, NCAAA serves a 38-town area. NCAAA is a private, non-profit advocacy organization serving the needs of older adults and their families in the North Central Connecticut area.

NORTH CENTRAL SERVICE AREA



FFY 2015 TITLE III PROGRAMS

The North Central Area Agency on Aging, Inc. (NCAAA) receives federal funding under Title III of the Older Americans Act through the Connecticut State Department on Aging to encourage the development of a comprehensive and coordinated system of service delivery for older persons. Awards and contracts for State and Community Programs on Aging under Title III are categorized as follows:

Part A: General Provisions

Part B: Supportive Services and Senior Centers

Part C: Nutrition Services

 Sub-part I: Congregate Nutrition Services

 Sub-part II: Home Delivered Nutrition Services

Part D: Disease Prevention & Health Promotion Services

Part E: Caregiver Support Services

The local agencies supported by NCAAA provide a wide range of services including but not limited to: access services, adult day care, Alzheimer's programs, community education/counseling, community services, health services, in home services, legal services, nutrition programs, and supportive services for caregivers.

Following is a directory of programs and services funded by NCAAA under Title III for the program year, October 2014 through September 2015. The towns served by each program in addition to the services offered are noted with each program description. It also includes the Alzheimer's projects supported by state funds for the period July 2014 through June 2015.

Information about specific programs can be obtained by contacting that program directly using the phone number listed with each program description. Questions and/or comments regarding the information contained in the directory or difficulties obtaining services through the programs listed should be directed to Karen Stone, Grants Manager at 860-724-6443 ext. 288 or via email at karen.stone@ncaaact.org

SUPPORTIVE SERVICES AND SENIOR CENTERS

ACCESS SERVICES

Access services are funded under Part B of Title III and are support programs associated with providing older persons with access to services including information and referral, outreach and transportation.

Health Services

Alzheimer's Resource Center of CT
1261 South Main Street
Plantsville, CT 06479
860-628-9000

Berlin, Bristol
New Britain
Plainville
Southington

Caregiver Counseling
Health Counseling
Health Screening/Clinic
Caregiver Support Group
Health Education
Public Education

Managing our Minds

Promotes overall cognitive health in seniors.
Conducts home safety evaluations to help older persons living with dementia to remain safely at home and provides support groups for caregivers and people with early memory loss.

Catholic Charities, Inc.
New Britain Family Service Center
90 Franklin Square
New Britain, CT 06051
Phone: 860-225-3561

Berlin
Bristol
Burlington
New Britain
Plainville
Plymouth
Southington

Family Life Education
Mental Health Counseling
Outreach

Elderly Outreach Counseling Services

Provides individuals with behavioral health counseling as well as education and access to community resources and entitlement programs that will ease their financial burdens and promote independent living. Counseling and supportive services are provided to families caring for elderly relatives.

Central CT Health District
505 Silas Deane Hwy.
Wethersfield, CT 06109
Phone: 860-721-2822

Berlin
Newington
Rocky Hill
Wethersfield

Dental Clinic

Smiles for Life

Provides dental cleanings and referrals for further necessary treatment to area dentists. Dental health educational information is also provided. Appointments are scheduled through town senior centers.

<p>Community Health Center of New Britain One Washington Square New Britain, CT 06051 Phone: 860-224-3642</p>	<p>Avon, Berlin, Bloomfield, Bristol, Canton, Farmington, New Britain, Newington, Plainville, Plymouth, Southington, Wethersfield</p>	<p>Dental Clinic</p>	<p>CHC New Britain Senior Dental Program Provides preventive care as well as restorative and prosthetic dental services</p>
<p>Town of Hebron Russell Mercier Senior Center 14 Stonecroft Drive Hebron, CT 06248 Phone: 860-228-5971</p>	<p>Hebron</p>	<p>Physical Activity</p>	<p>Hebron Physical Activity & Fitness Promotion Provides participants, in a group setting, the proper instruction regarding what exercise and physical activity level is/is not appropriate for them, how to exercise safely and how to stay motivated to exercise. Additionally, participants will be provided with ways they can check their progress.</p>
<p>Town of Plainville Senior Center 200 East Street Plainville, CT 06062 Phone: 860-747-5728</p>	<p>Berlin, Bristol, Farmington, Plainville, New Britain, Plymouth, Southington</p>	<p>Physical Activity Foot Care Dental Clinic</p>	<p>Plainville Health Promotion Offers a comprehensive fitness center. A mobile dental clinic and routine foot care are also available for senior center members and Plainville residents.</p>

Information & Referral

North Central Area Agency on Aging, Inc.
151 New Park Avenue, Suite 151
Hartford, CT 06106
Phone: 860-724-6443 or 1-800-994-9422

North Central
Region

Information & Assistance

CHOICES Program

Provides free comprehensive information and assistance, outreach, counseling and eligibility screening services regarding a variety of aging issues, such as health insurance, and federal, state, and local benefits and/or support programs.

Parkville Senior Center
11 New Park Avenue
Hartford, CT 06106
Phone: 860-232-7867

Hartford

Information & Assistance
Benefits Counseling
Social Support

Parkville Senior Center Social Services Initiative

Provides benefits counseling and referrals to agencies that provide needed services and benefits. Assistance with filling out required paperwork is also provided.

Metropolitan Comm. Development Corp.
2084 Main Street
Hartford, CT 06146
Phone: 860-527-7087

Hartford
(Northend)

Benefits Education

Project Senior Knowledge

Provides benefits counseling sessions regarding the availability of services that address health/wellness, legal and social resources available to older adults

Outreach

Communication Advocacy Network (CAN)
151 New Park Avenue, #15
Hartford, CT 06106
(800) 899-1563

North Central
Region

Outreach
Chore
Companion
Homemaker
Home Repair &
Renovation
Public Education

Deaf Elderly Outreach Center

Provides referrals, advocacy and coordination of geriatric-based services to deaf and hard of hearing clients.

Town of Enfield Neighborhood Services
100 High Street
Enfield, CT 06082
Phone: 860-253-6396

Enfield

Information & Assistance
Outreach

Neighborhood Services Older Adult Services

Provides one stop access, information and referral services addressing a wide variety of needs to seniors in the Town of Enfield.

Transportation

Bristol Community Organization, Inc.
55 South Street
Bristol, CT 06010
Phone: 860-584-2726

Bristol
Plainville

Transportation

BCO Elderly Transportation Program

Provides rides for shopping, medical appointments, the Bristol Senior Center, and various other locations.

City of Hartford, Health & Human Services
Public Transportation Division
131 Coventry Street
Hartford, CT 06112
Phone: 860-757-4724

Hartford

Transportation

Hartford Dial-A-Ride/Inter Town Grocery Shuttle

Provides demand-response and pre-scheduled transportation services to older and disabled residents of Hartford. Service is provided to medical appointments, senior community cafés, senior centers, grocery shopping and religious services. Operates seven days a week. A weekly inter-town grocery shuttle is also offered.

Hockanum Valley Community Council, Inc.
27 Naek Road, Suite 5a
Vernon, CT 06066
Phone: 860-872-9825

Ellington
South Windsor
Tolland
Vernon

Transportation

Early Morning and Senior Inter-Town Transportation

Provides transportation primarily for medical purposes. Other trips may take place on a space available basis.

Metropolitan Comm. Development Corp.
2084 Main Street
Hartford, CT 06146
Phone: 860-690-1942

Hartford
(Northend)

Transportation

Project Transportation

Provides transportation, with a handicapped accessible mini-bus, to medical appointments, worship services, senior centers, cultural events and to meet other personal needs.

<p>RSVP of Central Connecticut, Inc. 830 Corbin Avenue New Britain, CT 06050 Phone: 860-224-7117</p>	<p>Berlin New Britain</p>	<p>Medical Transportation</p>	<p>Senior Medical Transportation Program Provides transportation to medical appointments, including dentists and ophthalmologists. There is no charge to the recipients of this service.</p>
<p>Town of Hebron Russell Mercier Senior Center 14 Stonecroft Drive Hebron, CT 06248 Phone: 860-228-1700 x203</p>	<p>Hebron</p>	<p>Transportation</p>	<p>Hebron Transportation Provides transportation in a town-owned car to individual passengers from one specific location to another at a certain time. Transportation does not follow a specific route. Advance reservations facilitate scheduling.</p>
<p>Town of Manchester 41 Center Street, Box 191 Manchester, CT 06045-0191 Phone: 860-647-3093</p>	<p>Manchester</p>	<p>Transportation</p>	<p>Elderly Transportation Expansion Provides transportation for mid-week medical appointments and weekend social and leisure activities.</p>
<p>Town of Windsor, Senior Services 599 Matianuck Avenue Windsor, CT 06095 Phone: 860-285-1992</p>	<p>Windsor</p>	<p>Transportation</p>	<p>Evening and Weekends Senior Transportation Provides seniors an opportunity to attend a senior center activity, outing or restaurant in the evening and/or weekend.</p>

LEGAL

Legal services programs are funded under Part B of Title III and provide funds to agencies that have expertise in specific areas of law affecting older persons in economic and social need and that have the capacity to provide support to other aging advocacy efforts.

Greater Hartford Legal Aid, Inc.
999 Asylum Avenue, 3rd Floor
Hartford, CT 06105
Phone: 860-541-5000

North Central
Region

Legal Assistance

Senior Law Project

Provides the following services:
Full legal representation, brief services and legal advice to elderly individuals and groups; Information and referral through outreach and pamphlets; Law reform activities; Involvement of the private bar through its pro bono referral service; and Legislative advocacy.

IN HOME SERVICES

A wide range of in-home services is provided for older persons under Title III-B to improve their quality of life and prevent premature institutionalization. These services give preference to the elderly in greatest social and economic need, particularly low income, frail, homebound, and minority elderly. Preference is also given to programs that demonstrate innovative approaches to in-home service delivery.

Andover, Hebron, Marlborough Youth Services, Inc.
25 Pendleton Drive
Hebron, CT 06248
Phone: 860-228-9488

Andover
Hebron
Marlborough

Chore

AHM Chores Program

Provides chore services to older adults, utilizing youth (teen) workers. Services include light household cleaning, literacy and computer assistance, yard work including snow removal, and filing, organizing and correspondence.

Bristol Community Organization, Inc.
55 South Street
Bristol, CT 06010
Phone: 860-584-2725

Bristol
Burlington
Farmington
Plainville
Plymouth
Southington
Terryville

Homemaker

Bristol Homemaker Program

Provides both long and short-term homemaker services. Short-term services are especially helpful for those who are convalescing from illness or injury and after being discharged from the hospital or similar situation.

<p>Catholic Charities, Inc. Institute for the Hispanic Family 45 Wadsworth Street Hartford, CT 06106 Phone: 860-527-1124</p>	<p>Hartford</p>	<p>Social Support</p>	<p>Hispanic Elderly Program Provides bi-lingual/culturally sensitive in-home social support services to assist participants in adjusting to problems in their personal lives or living environment.</p>
<p>City of Hartford 131 Coventry Street Hartford, CT 06112 Phone: 860-757-4730</p>	<p>Hartford</p>	<p>Benefits Counseling Chore Homemaker Social Support</p>	<p>HEART (Hartford Elderly Assessment Response Team) & Home Help Provides homemaker and chore services to seniors 60 years of age and older. Social support and benefits counseling services are also provided.</p>
<p>Community Companion & Homemaking Services 90 South Park Street Willimantic, CT 06226 Phone: 860-456-3626</p>	<p>Andover Hebron Marlborough</p>	<p>Homemaker</p>	<p>Homemakers for Andover, Hebron and Marlboro Provides homemaker services to individuals based on their ability to contribute an affordable amount. Homemaker services include general cleaning, shopping, laundry, meal preparation, medication reminder, transportation to doctor's appointments and respite for the caregivers of very frail elderly.</p>
<p>CT Radio Information System (CRIS) 315 Windsor Avenue Windsor, CT 06095 Phone: 860-527-8000</p>	<p>Bloomfield Hartford Manchester Newington, Rocky Hill, West Hartford, New Britain</p>	<p>Elderly Services Public Education</p>	<p>Audio Recording Services for Seniors Provides quality audio access services for people who are blind or print-challenged. Internet radios are installed in the common areas of assisted living, retirement communities and senior centers making audio recordings available to all residents.</p>

Hebrew Health Care
1 Abrahms Boulevard
West Hartford, CT 06117
Phone: 860-523-2340

Avon, Bloomfield,
Canton, East
Hartford, East
Granby, Farmington,
Glastonbury,
Hartford, Granby,
New Britain,
Newington, Rocky
Hill, Simsbury, South
Windsor, West
Hartford,
Wethersfield
Windsor, Windsor
Locks

Homemaker
Home Health Aide
Nursing Visits
Personal Emergency
Response

Neighborhood Connections
Provides home care services including skilled nursing, home health aides and homemaker/companions as well as physical and occupational therapy, medical social worker and speech and language pathology. The lifeline program, which utilizes a pendant or wrist band that is worn, enables the client to safely be at home.

Hockanum Valley Community Council, Inc.
29 Naek Road, Suite 5a
Vernon, CT 06066
Phone: 860-872-9825

Vernon

Benefits Counseling
Food Pantry
Mental Health
Counseling
Socialization

HOME (Hockanum Outreach & Management for the Elderly)
Provides information, counseling services, and health and educational sessions. A food pantry including delivery of food pantry items to the homebound is available.

Human Resources Agency New Britain
180 Clinton Street
New Britain, CT 06053
Phone: 860-225-8601

New Britain

Companion
Food Pantry
Homemaker
Social Support

Las Perlas Home and Companion
Provides culturally appropriate support services designed to improve adjustment to personal, health or living environment problems to Hispanic elders in New Britain.

<p>Metropolitan Community Development Corporation 2084 Main Street, PO Box 2273 Hartford, CT 06146 Phone: 860-527-7087</p>	<p>Hartford (North End)</p>	<p>Chore Companion Homemaker Home Repair & Renovation</p>	<p>Project Help Provides companion, chore and handyman services. Staff is comprised of students who perform general household chores and yard work and adults who complete the maintenance that requires electrical, power or carpentry services.</p>
<p>Town of Bolton, Senior Center 104 Notch Road Bolton, CT 06043 Phone: 860-647-9196</p>	<p>Bolton</p>	<p>Chore Homemaker Home Repair & Renovation</p>	<p>Senior Needs Assistance Program (SNAP) Provides chore assistance, home help, and handyman home and yard maintenance services.</p>
<p>Town of East Hartford Department of Parks & Rec., Sr. Services Div. 740 Main Street East Hartford, CT 06108 Phone: 860-895-1517</p>	<p>East Hartford</p>	<p>Shopping Services</p>	<p>East Hartford Grocery Delivery Older Adults may place their own grocery order over the phone and groceries are delivered from a major area supermarket. There is no delivery fee.</p>
<p>Town of Farmington 1 Monteith Drive Farmington, CT 06032 Phone: 860-675-2390</p>	<p>Avon Burlington Canton Farmington</p>	<p>Home Mental Health Counseling Social Support Senior Center Participation Outreach Information & Assistance</p>	<p>Supporting Elderly in Accessing Services Provides counseling, information and programs to assist seniors and their caregivers.</p>
<p>Town of Manchester 41 Center Street, PO Box 191 Manchester, CT 06045-0191 Phone: 860-647-3093</p>	<p>Manchester</p>	<p>Homemaker</p>	<p>Elderly Homecare Expansion Provides a range of homecare services to lower-income, frail, elderly residents who do not have access to these services through other sources.</p>

<p>Town of Manchester 41 Center Street, PO Box 191 Manchester, CT 06045-0191 Phone: 860-647-3093</p>	<p>Manchester</p>	<p>Benefits Counseling</p>	<p>Resident Services Coordinator Provides benefits counseling to elderly residents of Manchester Housing Authority.</p>
<p>Town of Plainville, Senior Center 200 East Street Plainville, CT 06062 Phone: 860-747-5728</p>	<p>Plainville</p>	<p>Adult Day Care Social Support</p>	<p>Comprehensive Approach to Well-Being Provides structured small group activities and socialization for those unable to participate fully in senior center or other community functions</p>
<p>Town of Windsor 599 Matianuck Avenue Windsor, CT 06095 Phone: 860-285-1839</p>	<p>Windsor</p>	<p>Food Pantry</p>	<p>Groceries to Go Program Provides groceries to seniors every other Friday.</p>
<p>West Hartford Housing Authority 80 Shield Street West Hartford, CT 06110 Phone: 860-953-0002</p>	<p>West Hartford</p>	<p>Social Support</p>	<p>Elderly Access to Services Provides outreach, information about available services and resources, and education regarding health issues to residents in West Hartford Housing Authority properties.</p>

ADULT DAY CARE

Adult Day Care programs are funded under Part B of Title III and provide a structured program of social, health, and rehabilitative services to frail older adults. Services are designed to promote the individual's maximum level of functioning and dignity while preventing premature or inappropriate institutionalization. Adult Day Care services also provide necessary respite for caregivers.

Felician Adult Day Care, Inc.
1333 Enfield Street
Enfield, CT 06082
Phone: 860-745-2542

Bloomfield, East
Windsor, Enfield,
Granby,
Hartford, Somers,
South Windsor,
Stafford, Suffield,
Windsor, Windsor
Locks

Adult Day Care
(Medical)

Felician Adult Day Care
Open Monday through Friday from 8:00 a.m. to 4:00 p.m. except major holidays. The structured program is designed to provide an atmosphere of friendliness and informality and is carried out in a relaxed and considerate manner. Transportation is provided for Enfield residents.

Hebrew Health Care
1 Abrahms Boulevard
West Hartford, CT 06117
Phone: 860-523-3800

Bloomfield, East
Hartford,
Farmington
Hartford
Newington
Simsbury, South
Windsor, West
Hartford, Windsor,
Windsor Locks

Adult Day Care
(Medical)

Dawn to Dusk
Provides service six days per week, including many national and Jewish holidays. In addition, Sunday through Friday program hours are extended beyond the 7:30 a.m. to 4:30 p.m. schedule. Following the medical model, health and wellness-related services are intermingled with social programs.

Saint Mary Home
2021 Albany Avenue
West Hartford, CT 06117
Phone: 860-570-8285

Bloomfield,
Canton, East
Granby,
Farmington
Hartford
Newington, West
Hartford
Wethersfield

Adult Day Care
(Medical)

Saint Mary Adult Day Care
Open Monday through Friday from 8:00 a.m. to 4:00 p.m. This community-based health and social program is designed to meet the needs of adults who would benefit from a supportive, understanding and therapeutic environment. Optional on-site services such as podiatry, psychiatry and hairdressing are available.

Town of Enfield
1A Beech Road
Enfield, CT 06082
Phone: 860-763-7485

East Windsor
Enfield, Somers,
Suffield
Windsor Locks

Adult Day Care
(Medical)

Enfield Adult Day Care
Open Monday through Friday from 8:00 a.m. to 4:00 p.m. The center provides a comprehensive day program that gives the frail elderly and physically and mentally challenged adults a place to smile, the warmth of friends and the motivation to join in an array of activities. Each client's plan of care is personalized.

Town of Windsor
330 Windsor Avenue
Windsor, CT 06095
Phone: 860-547-0251

Bloomfield, East
Windsor, Hartford,
Simsbury
Windsor
Windsor Locks

Adult Day Care
(Medical)

Caring Connection Adult Day Health Ctr.
Provides daily programming, health care services and respite for caregivers in a safe, structured and medically supervised community setting designed for frail elders and the disabled who otherwise might be prematurely transitioned to an institutional setting. Open Monday through Friday from 7:00 a.m. to 4:30 p.m.

EDUCATION / COUNSELING SERVICES

Community Education and Counseling services are funded under Part B of Title III and support projects that demonstrate the ability to educate the community about issues, services and products designed to assist persons 60 years and older and their caregivers. Counseling services, including but not limited to psychosocial group sessions and individual counseling may also be provided.

Bristol Community Organization, Inc.
55 South Street
Bristol, CT 06010
Phone: 860-584-2725

Bristol
Burlington
Farmington
Plainville
Plymouth

Housing Counseling

Bristol Senior Housing Assistance Program
Provides assistance with housing issues and seeks to find permanent housing. First priority is low income seniors raising grandchildren.

Catholic Charities, Inc.
 Institute for the Hispanic Family
 45 Wadsworth Street
 Hartford, CT 06106
 Phone: 860-493-1841

Bristol
 East Hartford
 Manchester
 New Britain
 Windsor Locks

Assisted Transportation
 Benefits Counseling
 Language Translation
 Sr. Center Participation

Southeast Asian Elder Adult Program
 Provides services to the Asian elderly population. Program provides benefits counseling, transportation and translation services and provides opportunities for affirmation and celebration of cultural heritage.

CT Coalition of Mutual Assistance Assoc.
 143 Madison Avenue
 Hartford, CT 06106
 Phone: 860-236-6452

Bristol
 East Hartford
 Hartford
 Manchester
 New Britain
 Southington
 West Hartford

Language Translation
 Medical Transportation
 Social Support

Social Support for Refugees and Immigrants
 Offers support services to the Karen (Burmese), Laotian and Vietnamese communities. Provides information & referral through home visits and phone calls. Transportation and translation services for medical visits are also available.

COMMUNITY SERVICES

Community services projects are those that expand opportunities, foster independent action and provide specific services to the older adult community. These include training, re-training, volunteer/job placement, economic development, and housing support services.

Town of Granby
 15 North Granby Road
 Granby, CT 06035
 Phone: 860-844-5351

East Granby
 Granby
 Suffield

Volunteer Opportunities

Granby Senior Services—Community Education
 Provides meaningful volunteer opportunities for older adults whereby community concerns are identified, solutions are offered and strong community relations are fostered.

Parkville Senior Center
 11 New Park Avenue
 Hartford, CT 06106
 Phone: 860-232-7867

Hartford

Senior Center
 Participation

Cultural Heritage Celebrations
 Celebrates the culture of each heritage group represented by members of the Parkville Senior Center.

NUTRITION SERVICES

Nutrition programs are funded under Part C of Title III. Subpart I funds congregate meal site programs; these are meals served at senior centers, housing complexes, and various other locations, referred to as “senior community cafés”. Subpart II funds home delivered meals programs; these meals are delivered directly into the homes of homebound seniors.

<p>Community Renewal Team, Inc. 555 Windsor Street Hartford, CT 06120 Phone: 860-560-5600</p>	<p>Almost entire North Central Region (except Greater New Britain area); check with program for availability</p>	<p>Congregate Meals Home Delivered Meals Nutrition Education</p>	<p>Elderly Nutrition Program Provides meals at senior community cafés throughout the Capitol sub-region (Greater Hartford area) during the week. Additional meals (two per day) are delivered to homebound clients. Nutrition education is also offered.</p>
<p>CW Resources, Inc. 200 Myrtle Street New Britain, CT 06053 Phone: 860-229-7700</p>	<p>Berlin, Bristol, Burlington New Britain Plainville Plymouth Southington</p>	<p>Congregate Meals Home Delivered Meals Nutrition Education</p>	<p>Elderly Nutrition Program Provides meals at senior community cafés throughout the Central sub-region (Greater New Britain area) during the week. Home delivered meals are available for homebound clients. Nutrition education is also offered.</p>
<p>Hands on Hartford 40 Pratt Street Hartford, CT 06103 Phone: 860-728-3201</p>	<p>Hartford</p>	<p>Congregate Meals Home Delivered Meals Nutrition Education</p>	<p>Weekend Elderly Nutrition Provides weekend congregate and home delivered meals. Staff prepares and serves a noontime meal on-site; social activities following the meal are offered. Home delivered meals are also available.</p>
<p>City of Hartford, Health and Human Services 131 Coventry Street Hartford, CT 06112 Phone: 860-757-4700</p>	<p>Hartford</p>	<p>Congregate Meals</p>	<p>Elderly Nutrition Program Provides meals at senior community cafés at 3 locations within the City of Hartford during the week.</p>

Senior Community Cafés (Congregate Meal Sites) in the North Central Region

Town	Café Site	Location	Day(s) of Operation	Managed By
Avon	Avon Senior Center	635 West Avon Road Avon, CT 06001	Tuesday, Thursday	Community Renewal Team
Berlin	Berlin Senior Center	33 Colonial Drive Kensington, CT 06037	Monday – Friday	CW Resources
Bloomfield	Bloomfield Senior Center	330 Park Avenue Bloomfield, CT 06002	Tuesday, Wednesday	Community Renewal Team
Bloomfield	Federation Homes	156 Wintonbury Avenue Bloomfield, CT 06002	Monday – Friday	Community Renewal Team
Bolton	Bolton Senior Center	104 Notch Road Bolton, CT 06043	Monday	Community Renewal Team
Bristol	Bristol Senior Center	240 Stafford Avenue Bristol, CT 06010	Monday – Friday	CW Resources
Bristol	Kennedy Apartments	70 Gaylord Street Bristol, CT 06010	Monday – Friday	CW Resources
Canton	Canton Senior Center	40 Dyer Avenue Collinsville, CT 06022	Wednesday, Friday	Community Renewal Team
East Hartford	South End Senior Center	70 Canterbury Street East Hartford, CT 06118	Tuesday	Community Renewal Team
East Windsor	East Windsor Senior Center	125 Main Street Broad Brook, CT 06016	Monday – Friday	Community Renewal Team

Enfield	Enfield Senior Center	299 Elm Street Enfield, CT 06082	Monday – Friday	Community Renewal Team
Enfield	Mark Twain Congregate	110 South Road Enfield, CT 06082	Monday – Friday	Community Renewal Team
Granby	Granby Senior Center	15-C North Granby Road Granby, CT 06035	Tuesday, Thursday	Community Renewal Team
Hartford	Betty Knox Apartments	141 Woodland Street Hartford, CT 06105	Saturday – Sunday	Hands on Hartford
Hartford	Hispanic Senior Center	95 Park Street Hartford, CT 06106	Monday – Friday	Community Renewal Team
Hartford	Horace Bushnell Congregate Homes	51 Vine Street Hartford, CT 06112	Monday - Friday	City of Hartford (HHHS)
Hartford	Mahoney Village	73-79 Vine Street Hartford, CT 06112	Monday – Friday	Community Renewal Team
Hartford	North End Senior Center	80 Coventry Street Hartford, CT 06112	Monday - Friday	City of Hartford (HHHS)
Hartford	Parkville Senior Center	11 New Park Avenue Hartford, CT 06106	Monday – Friday	Community Renewal Team
Hartford	Shepherd Park Apartments	170 Sisson Avenue Hartford, CT 06105	Monday (evening)	Community Renewal Team
Hartford	Smith Towers	80 Charter Oak Avenue Hartford, CT 06106	Monday – Friday Saturday – Sunday	Community Renewal Team Hands on Hartford
Hartford	South End Senior and Wellness Center	830 Maple Ave Hartford, CT 06114	Monday - Friday	City of Hartford (HHHS)

Hartford	Tuscan Brotherhood Homes	66 Montville Street Hartford, CT 06120	Monday – Friday	Community Renewal Team
Hebron	Russell Mercier Senior Center	14 Stonecroft Drive Hebron, CT 06248	Monday/Tuesday/Thursday	Community Renewal Team
Manchester	Manchester Senior Center	549 Middle Turnpike Manchester, CT 06040	Monday-Friday	Community Renewal Team
Marlborough	Marlborough Senior Center	17 School Drive Marlborough, CT 06447	Monday/Wednesday/ Friday	Community Renewal Team
New Britain	New Britain Senior Center	55 Pearl Street New Britain, CT 06051	Monday – Friday	CW Resources
New Britain	Perlas Hispanas Center	90 Main Street New Britain, CT 06051	Monday – Friday	CW Resources
Newington	Newington Senior Center	120 Cedar Street Newington, CT 06111	Monday – Friday	Community Renewal Team
Plainville	Plainville Senior Center	200 East Street Plainville, CT 06062	Monday – Friday	CW Resources
Plymouth	Gosinski Park	31 Gosinski Park Terryville, CT 06786	Monday – Friday	CW Resources
South Windsor	South Windsor Senior Center	150 Nevers Road South Windsor, CT 06074	Monday – Friday	Community Renewal Team
Southington	Calendar House	388 Pleasant Street Southington, CT 06489	Monday – Friday	CW Resources
Stafford	Stafford Springs Senior Center	3 Buckley Highway	Monday – Friday	Community Renewal Team

Stafford Springs, CT 06076

Vernon	Florence Mills	121 West Main Street Rockville, CT 06066	Monday, Wednesday	Community Renewal Team
Vernon	Franklin Park Apartments	114 Franklin Park Rockville, CT 06066	Monday – Friday	Community Renewal Team
Vernon	Highrise Apartments	21 Court Street Rockville, CT 06066	Tuesday/Thursday/Friday	Community Renewal Team
West Hartford	Elmwood Community Center	1106 New Britain Avenue West Hartford, CT 06117	Monday – Friday	Community Renewal Team
West Hartford	Federation Square	2 Starkel Road West Hartford, CT 06117	Monday – Friday	Community Renewal Team
Wethersfield	Wethersfield Senior Center	30 Greenfield Street Wethersfield, CT 06109	Monday – Friday	Community Renewal Team
Windsor	LP Wilson Community Center	599 Matianuck Avenue Windsor, CT 06095	Monday – Friday	Community Renewal Team
Windsor Locks	Ettore Carniglia Senior Center	41 Oak Street Windsor Locks, CT 06096	Monday – Friday	Community Renewal Team

DISEASE PREVENTION & HEALTH PROMOTION SERVICES

Disease Prevention and Health Promotion services are funded under Part D of Title III and provide older persons with preventative health services and information not reimbursable under Medicare. These programs foster independence and allow people to remain independent. In the North Central region, programs also include health screening and health programming.

<p>City of Hartford, Health & Human Services 131 Coventry Street Hartford, CT 06112 Phone: 860-757-4730</p>	<p>Hartford</p>	<p>Health Screening Therapeutic Activity</p>	<p>Keep On Living Wellness Project Promotes good health, physical activity, related health information/screenings and counseling. Services include medication management, health screenings and physical activity programs to support active lifestyles.</p>
<p>Community Health Services, Inc. 500 Albany Avenue Hartford, CT 06120 Phone: 860-249-9625</p>	<p>Bloomfield, Hartford, Windsor</p>	<p>Dental Clinic</p>	<p>CHS Senior Smiles Dental Program Provides full dental services to patients age 60 and over. A sliding fee scale based upon household income, according to Federal poverty level guidelines, is offered. The clinic is open Monday and Wednesday from 8:00 a.m. to 8:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 5:00 p.m.</p>
<p>Wheeler Clinic, Inc. 91 Northwest Drive Plainville, CT 06062 Phone: 860-793-3500</p>	<p>Avon Berlin Bristol Burlington East Hartford Farmington Glastonbury Manchester New Britain Plainville Plymouth Southington South Windsor</p>	<p>Mental Health Counseling Outreach Social Support</p>	<p>Elderly Substance Abuse Project Counselors provide in-home assessments, in addition to other services such as individual and family counseling, referrals for inpatient treatment, health, social and financial services, advocacy and case management. Individualized treatment plans are completed with each client. A weekly group meeting is held at Manchester Memorial Hospital and a similar one at Wheeler, to provide education, support, therapy, and socialization.</p>

CAREGIVER SUPPORT SERVICES

Caregiver Support services, which are funded under Part E of Title III, provide information about the availability of support services, assistance in gaining access to them, and individual and group counseling to help make decisions and solve problems for family caregivers and grandparents raising grandchildren.

Supportive Services for Grandparents/ Relatives Raising Children

<p>Bristol Community Organization, Inc. 55 South Street Bristol, CT 06010 Phone: 860-584-2725</p>	<p>Bristol Plainville</p>	<p>Caregiver Counseling Caregiver Support Groups</p>	<p>BCO Family Caregiver Program Assists grandparents with their responsibilities in raising grandchildren. Those needs may range from basic human needs to a need for social interaction with other grandparents in similar situations to a need for assistance with a school issue.</p>
<p>Catholic Charities, Inc. Institute for the Hispanic Family 45 Wadsworth Street Hartford, CT 06106 Phone: 860-493-1841</p>	<p>East Hartford Hartford West Hartford</p>	<p>Caregiver Counseling Caregiver Support Groups</p>	<p>Grandparents Program Addresses the gaps in community-based services for bi-lingual/bi-cultural elderly primary caregivers or legal guardians of a relative child under 18 years of age. Services include: outreach, relevant support services, referrals and advocacy, benefits counseling, weekly support group sessions and other supplemental services.</p>
<p>Community Renewal Team, Inc. 555 Windsor Street Hartford, CT 06120 Phone: 860-895-6605</p>	<p>Hartford</p>	<p>Child Respite</p>	<p>Grandparents Education and Respite Provides a combined education and respite program for Hartford residents 55 and older who are the primary caregivers for the grandchildren and whose grandchildren are dependents of those Hartford residents.</p>

The Salvation Army
 217 Washington Street
 Hartford, CT 06106
 Phone: 860-543-8413

Bloomfield
 East Hartford
 Hartford
 Manchester
 Newington
 West Hartford
 Wethersfield
 Windsor

Caregiver Counseling
 Caregiver Support Groups
 Child Respite
 Outreach
 Caregiver Training

Parents Second Time Around

The support group meets on a monthly basis (childcare, dinner, and transportation to and from the group are offered). Other program components include outreach and advocacy, educational seminars, individual counseling, home visitation, social support and respite services.

Town of Granby
 15 North Granby Road
 Granby, CT 06035
 Phone: 860-844-5351

North Central
 Region

Caregiver Support Group

Grandparents Support Group

Provides a weekly support group that offers a comfortable and professional environment in which grandparents may meet other grandparents who are raising children to get one's questions answered, seek advice, learn techniques and simply share with others

Town of Plainville
 200 East Street
 Plainville, CT 06062
 Phone: 860-747-5728

Berlin, Bristol,
 Enfield,
 Farmington,
 Plainville, New
 Britain, Newington,
 Southington

Caregiver Training

Plainville Grandparents Program

Provides grandparents with an opportunity to connect on issues of raising young children in today's world as well as a way to obtain information and education on other topics that are relevant to this population. Group meets bi-monthly.

Respite Care Services for Caregivers of Older Adults

Respite care programs are designed to enable caregivers of older adults to be temporarily relieved from the physical and emotional responsibilities of caregiving. By providing services to the individual being cared for, the caregivers have time to regroup from their caregiving responsibilities. Direct services intended to provide respite are coordinated based on the needs of the caregiver and may include but are not limited to: adult day care, homemaker, companion, home health aide, in-home nursing visits, and skilled nursing care. Assistance, including individual counseling, may also be provided in order to help caregivers gain access to available services, make decisions and solve problems relating to their caregiving roles.

North Central Area Agency on Aging, Inc.
151 New Park Avenue, Box 75
Hartford, CT 06106
Phone: 860-724-6443 or 1-800-994-9422

**North Central
Region**

**Caregiver Respite
& Supplemental Svs.**

**CT National Family Caregiver Support
Program**

Provides comprehensive information, assistance, counseling and case management for eligible caregivers and their care recipients. A variety of in-home care and “gap-filling” services are available.

STATE ALZHEIMER’S AIDE

The State of Connecticut provides funds to support special Alzheimer’s Aide projects. In the North Central region, this funding has been allocated to five adult day center sites for an Alzheimer’s Aide designated to attend to the needs of Alzheimer’s participants.

Betty Larus Adult Day Health Center at Avery Heights
705A New Britain Avenue
Hartford, CT 06106
Phone: 860-278-4773

Felician Adult Day Care
1333 Enfield Street
Enfield, CT 06082
Phone: 860-745-2542

The Caring Connection Adult Day Center
330 Windsor Avenue
Windsor, CT 06095
Phone: 860-547-0251

**Hebrew Health Adult Day Services
at Hebrew Health Care**
1 Abrahms Boulevard
West Hartford, CT 06110
Phone: 860-523-3816

Town of Enfield Adult Day Center
1A Beech Road
Enfield, CT 06082
Phone: 860-763-7485