

CT Money Follows the Person – Program Description

Money Follows the Person (MFP) is a Federal demonstration program that helps Medicaid eligible individuals currently living in long-term care facilities for at least 3 months – such as nursing homes, hospitals and other qualified institutions – successfully transition back to the community.

In addition to returning to their own home, housing options include individual apartments, assisted living, and group homes. Transition coordinators play a key role, advocating for the individual in the transition process, working directly with them and the care team, to develop a person centered plan that is right for the individual.

Based on the individual’s needs, MFP provides the funds, services and supports for a successful transition into the community. The MFP program provides payment for services that augment participation in other community based support programs such as CT Home Care Program for Elders (CHCPE) Waiver, Personal Care Assistance (PCA) Waiver, Acquired Brain Injury (ABI) Waiver, Department of Developmental Services (DDS) Waiver, or Department of Mental Health & Addiction Services (DMHAS) Waiver.

Apply using the secure on-line application located at <https://ctmfp.com>. Once screened, the MFP Transition Coordinators will manage the transition into the community for those deemed eligible for the program.

Money Follows the Person - Frequently Asked Questions (FAQs)

How will the money follow me?

If it is determined you are eligible to transition, the funds used to assist in your nursing home care will be shifted to pay for community services based on your clinical needs. With an appropriate service package you will receive services in the community paid for by Medicaid.

In addition, funds may be available to assist in needed home modifications to allow your transition to be a safe and successful one.

For those in need of furniture or assistance with transition costs to move into the community limited funds are available. Medicaid does not provide cash in hand.

How long will it take to move out?

There are many factors that affect how long it will take, including how much care you will need, who will provide it, housing needs and possible home modifications. Your

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Transition Coordinator will advise you as to the various factors in your case and how long these factors can take. There are occasions based on accessibility of housing that can cause a transition to go much faster or slower. Each person will have a different length of time to transition: our goal is to move as quickly as the various factors will allow.

Where will I live?

If a residence is not already available to you, MFP will make every effort to assist you in finding housing in an area of your choice. There may be factors which make this difficult such as poor credit and a criminal background. Some housing options include individual apartments, congregate housing, assisted living, and group homes.

Can I have 24hr care?

24 hour care is not currently available as an MFP funded service. With the help of family and/or other natural supports, in addition to what Medicaid may offer, it maybe possible to receive what could be considered 24 hour care.

What is my role in the transition process?

If it is determined you are eligible to transition to the community, the role you play will be pivotal. Your Transition Coordinator may need you to help in many different things such as obtaining important documents, hiring potential staff for your care, or even help in your housing search. If you are unable to be hands on in the process speak to your coordinator about what you can do to help.

What role does the nursing facility play in the transition process?

The transition process is led by the transition coordinator with assistance as needed from the nursing facility treatment team. The facility has an important role in helping to ensure your safe discharge. For instance the facility social worker may have an assessment completed of your apartment to ensure safety, they may also arrange for any needed medical equipment to be delivered to your new home. If there are concerns, per your bill of rights you may contact an advocate or your ombudsman.

What types of services are available in the community?

The services available are based on a health assessment of your needs and may include: nursing, occupational therapy, physical therapy, personal care assistance, home-maker, etc.

What does the MFP demonstration currently offer that other community Medicaid clients do not receive?

- Access to a transition coordinator to assist in your transition process.
- 24 hour back up support via a toll free number. Your transition coordinator can further explain.
- Additional funds such as access to rental assistance
- Transitional funds
- Additional funds for needed modification

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