



151 New Park Avenue, Box 75, Hartford, CT 06106  
Phone: 860-724-6443 · 800-994-9422  
Fax: 860-251-6107  
Website: www.ncaaact.org



**TO:** Service Providers  
**FROM:** Maureen McIntyre, Chief Executive Officer  
**DATE:** February 1, 2019  
**RE: OLDER AMERICANS ACT REQUEST FOR PROPOSALS**

The North Central Area Agency on Aging, Inc. (NCAAA) is soliciting proposals for programs that serve older persons (age 60 and older) and their families in the North Central Connecticut Region under Title III-B, D, and E of the Older Americans Act (1965, as amended). The project period for proposals being solicited will run from October 1, 2019 through September 30, 2020. **Proposals are due in the NCAAA office no later than FRIDAY, MARCH 15, 2019 at 4:00 p.m. (Eastern Standard Time).**

Proposals will be accepted for the following service categories:

- Title III-B: Supportive Services and Senior Centers;
- Title III-D: Disease Prevention and Health Promotion; and
- Title III-E: Family Caregiver Support.

***TITLE III-B: SUPPORTIVE SERVICES & SENIOR CENTERS***

1. Access – Programs that decrease the isolation and alienation of older persons. Programs shall provide older persons access to available services. Services include outreach, transportation, and information and referral. Programs designed to provide enhanced and/or integrated access to community-based health services are also encouraged.
2. Legal – Programs that will ensure free or low-cost legal services are available to low income, culturally and/or geographically isolated older persons in the North Central region.
3. In-Home – Programs that provide new or expanded services, which may include homemaker, home health aide, chore, and companion. These programs should give preference to older persons with the greatest social and economic need, with particular attention to low-income older individuals, low income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas.
4. Adult Day Care – Programs that provide a structured program of social, health, and rehabilitative services for frail older adults in an effort to prevent premature institutionalization and provide respite for caregivers.
5. Community Services – Programs that provide opportunities, foster independent action, create intergenerational opportunities, and provide specific services to the older adult community such as economic development, housing and job placement, and health services. Programs providing services that are coordinated and delivered through multipurpose senior centers are strongly encouraged.
6. Community Education/Counseling – Programs that educate communities about issues, services, and products designed to assist seniors their families and caregivers. Programs designed for older individuals with respect to mental health services, including outreach for, education concerning, and screening for such services, and referral to such services for treatment are strongly encouraged.

***TITLE III-D: EVIDENCE-BASED DISEASE PREVENTION & HEALTH PROMOTION***

Evidence-based health promotion programs, including programs related to the prevention and mitigation of the effects of chronic disease (including but not limited to osteoporosis, hypertension, obesity, diabetes, and cardiovascular disease), alcohol and substance abuse reduction, smoking cessation, weight loss and control, stress management, falls prevention, physical activity, and improved nutrition. Proposed programs must include an evidence-based intervention that meets the highest criteria level, established by the Administration on Aging (AoA), as noted below. The proposal must identify the evidence-based intervention upon which the program is based and describe the intervention and documented outcomes. The proposal must identify the core components of the evidence-based intervention that will be provided through the funded program.

All programs using Title IID funds will have to meet these criteria:

Enhancing the quality of life for older adults, individuals with disabilities, and their caregivers in North Central Connecticut by ensuring that they have access to quality, cost-effective services.



- Demonstrated through evaluation to be effective for improving the health and wellbeing or reducing disease, disability, and/or injury among older adults; and
- Proven effective with older adult population, using Experimental or Quasi-Experimental Design;\* and
- Research results published in a peer-reviewed journal; and
- Fully translated\*\* in one or more community site(s); and includes developed dissemination products that are available to the public.

*\*Experimental designs use random assignment and a control group. Quasi-experimental designs do not use random assignment.*

*\*\*For purposes of the Title III-D definitions, being “fully translated in one or more community sites” means that the evidence-based program [proposed] has been carried out at the community level (with fidelity to the published research) at least once before. [Applicants] should only consider programs that have been shown to be effective within a real world community setting.*

**TITLE III-E: NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM**

Programs that provide new or expanded caregiver support services to grandparents, step-grandparents, or relatives (other than the parent), by blood, marriage, or adoption, who are 55 years or older, and are primary caregivers and legal guardians of a relative child not more than 18 years of age, or the parent, grandparent, or other older relative of an adult relative with disabilities. These services may include, but are not limited to: information about the availability of support services, assistance in gaining access, individual and group counseling to help make decisions and solve problems, direct services such as child care for children while caregivers attend medical appointments, and transportation to medical appointments. These programs shall give priority to caregivers who provide care for children with severe disabilities.

All Older Americans Act, Title III awards are contingent upon NCAAA’s receipt of federal and state funding. Not-for-profit, public, and proprietary agencies are eligible to apply.

Applications can be downloaded from the NCAAA website at [www.ncaaact.org](http://www.ncaaact.org).

Applicants must submit (no exceptions):

- (a) One (1) complete, signed, *original* application including all required assurances; and
- (b) One (1) copy of the proposal without assurances.

If you have questions about completing the grant application, there will be an explanatory session offered on Wednesday, February 13, 2019 at 1:30 p.m. – 3:00 p.m. No further in-person assistance will be available during the grant application period. New applicants are *strongly encouraged to attend this session*. To make reservations, please contact Karen Stone at 860-724-6443 ext. 288 or via email at [karen.stone@ncaaact.org](mailto:karen.stone@ncaaact.org).

**PLEASE SUBMIT GRANT APPLICATIONS TO:**

**Karen Stone, Grants Manager  
North Central Area Agency on Aging, Inc.  
151 New Park Avenue, Box 75  
Hartford, CT 06106**

***APPLICATIONS MUST BE RECEIVED IN THE NCAAA OFFICE  
NO LATER THAN FRIDAY, MARCH 15, 2019 AT 4:00 P.M.***

***The FY2020 application must be used. Prior year’s versions will not be accepted.***

***If an application is sent through the mail,  
it must be received in the NCAAA office by March 15, 2019 at 4:00PM.***

**LATE APPLICATIONS WILL NOT BE ACCEPTED.**

