



2021 TITLE III PROGRAM DIRECTORY

“Enhancing the quality of life for older adults, individuals with disabilities, and their caregivers in North Central Connecticut by ensuring that they have access to quality, cost effective services.”

**NORTH CENTRAL AREA AGENCY ON AGING, INC.
151 NEW PARK AVENUE, BOX 75
HARTFORD, CT 06106**

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FAX: 860-251-6107
WEBSITE: www.ncaaact.org**

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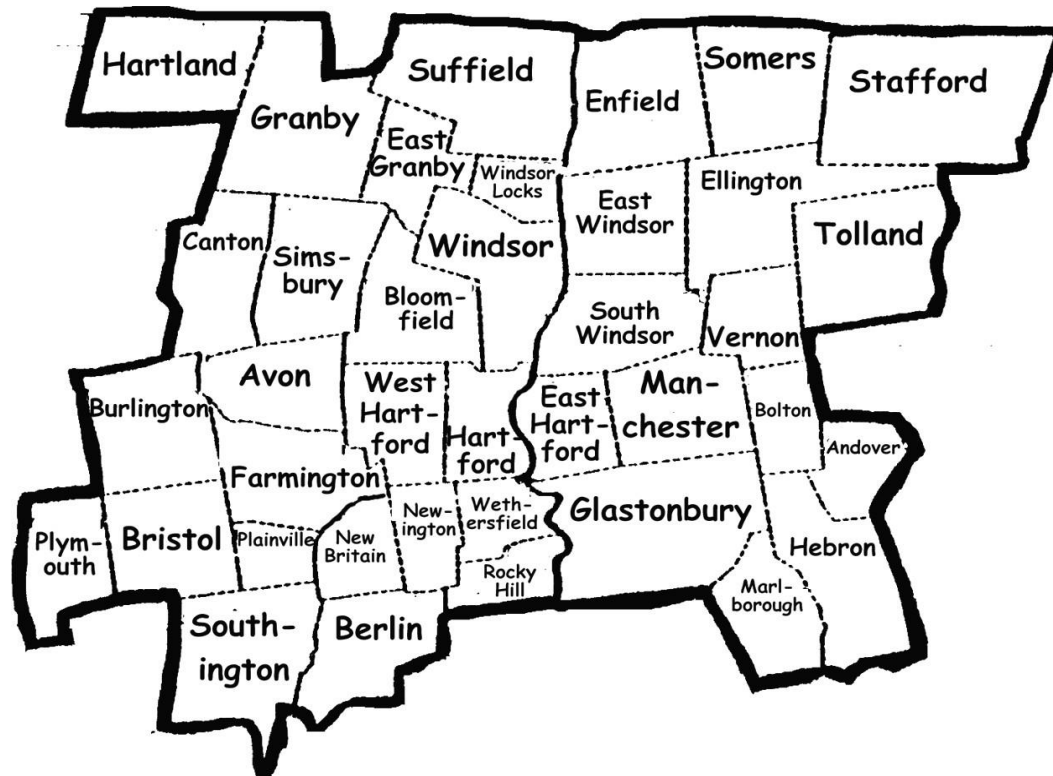
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INTRODUCTION

The North Central Area Agency on Aging, Inc. (NCAAA) is the regional organization that provides planning and financial support to agencies serving older residents of North Central Connecticut. As one of five Area Agencies on Aging in the state – and 655 in the country, NCAAA works with the *Aging Network*, which includes older persons, government officials, service providers, planning agencies, advocacy groups, and private-sector organizations. Based in Hartford, NCAAA serves a 38-town area. NCAAA is a private, non-profit advocacy organization serving the needs of older adults and their families in the North Central Connecticut area.

NORTH CENTRAL SERVICE AREA



FFY 2021 TITLE III PROGRAMS

The North Central Area Agency on Aging, Inc. (NCAAA) receives federal funding under Title III of the Older Americans Act through the Connecticut State Department on Aging, to encourage the development of a comprehensive and coordinated system of service delivery for older persons. Awards and contracts for State and Community Programs on Aging under Title III are categorized as follows:

Part A: General Provisions

Part B: Supportive Services and Senior Centers

Part C: Nutrition Services

 Sub-part I: Congregate Nutrition Services

 Sub-part II: Home Delivered Nutrition Services

Part D: Disease Prevention & Health Promotion Services

Part E: Caregiver Support Services

The local agencies supported by NCAAA provide a wide range of services including but not limited to: access services, adult day care, Alzheimer's programs, community education/counseling, community services, health services, in home services, legal services, nutrition programs, and supportive services for caregivers.

Following is a directory of programs and services funded by NCAAA under Title III for the program year, October 2020 through September 2021. The towns served by each program in addition to the services offered are noted with each program description. It also includes the Alzheimer's projects supported by state funds for the period July 2020 through June 2021.

Information about specific programs can be obtained by contacting that program directly using the phone number listed with each program description. Questions and/or comments regarding the information contained in the directory or difficulties obtaining services through the programs listed should be directed to Crystal Bailey, Grants Manager at 860-724-6443 ext. 246 or via [email at crystal.bailey@ncaaact.org](mailto:crystal.bailey@ncaaact.org)

SUPPORTIVE SERVICES AND SENIOR CENTERS

ACCESS SERVICES

Access services are funded under Part B of Title III and are support programs associated with providing older persons with access to services including information and referral, health services, outreach, and transportation.

Health Services

Catholic Charities, Inc.

New Britain Family Service Center
90 Franklin Square
New Britain, CT 06051
Phone: 860-225-3561

Berlin
Bristol
Burlington
New Britain
Plainville
Plymouth
Southington

Therapeutic Activities

Health Exercise

Provides individuals with organized activities intended to improve their physical and emotional health.

Central CT Health District

2080 Silas Deane Hwy.
Rocky Hill, CT 06067
Phone: 860-785-8380

Berlin
Newington
Rocky Hill
Wethersfield

Dental Clinic

Smiles for Life

Provides dental cleanings and referrals for further necessary treatment to area dentists. Dental health educational information is also provided. Appointments are scheduled through town senior centers.

Community Health Center of New Britain

85 Lafayette Street
New Britain, CT 06051
Phone: 860-224-3642

Avon, Berlin,
Bloomfield,
Bristol, Canton,
Farmington,
New Britain,
Newington,
Plainville,
Plymouth,
Southington,
Wethersfield

Dental Clinic

CHC New Britain Senior Dental Program

Provides preventive care as well as restorative and prosthetic dental services.

<p>Community Health Services, Inc. 500 Albany Avenue Hartford, CT 06120 Phone: 860-249-9625</p>	<p>Bloomfield East Hartford Hartford West Hartford Windsor</p>	<p>Dental Clinic</p>	<p>CHS Senior Smiles Dental Program Provides full dental services to patients age 60 and over. A sliding scale based upon household income, according to Federal poverty level guidelines, is offered. The clinic is open Monday and Wednesday from 8:00 a.m. to 8:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 5:00 p.m.</p>
<p>Horace Bushnell Congregate Homes 51 Vine Street Hartford, CT 06112 Phone: 860-549-4877</p>	<p>Hartford</p>	<p>Health Education</p>	<p>Healthy Living Program Provides program sessions to promote health: managing chronic diseases; smoking cessation; weight loss and control; stress management; falls prevention; physical activity and improved nutrition.</p>
<p>Parkville Senior Center 11 New Park Avenue Hartford, CT 06106 Phone: (860) 232-7867</p>	<p>Hartford</p>	<p>Physical Activity</p>	<p>Healthy Activity Resources Provides Health, Fitness, Interest and recreational activities</p>
<p>Town of Hebron 15 Gilead Street Hebron, CT 06248 Phone: (860) 228-1700</p>	<p>Hebron</p>	<p>Physical Activity</p>	<p>Physical Fitness Physical activity programs focus on key areas important to health and fitness of older adults such as stretching and flexibility, low impact aerobics, strength training, and balance.</p>
<p>Town of New Britain Health Department 88 Prospect Street New Britain, CT 06051 Phone: 860-826-3466</p>	<p>New Britain</p>	<p>Physical Activity</p>	<p>Zumba Gold Provides an exercise program specifically designed for seniors, beginners and others who may require modifications to an exercise routine. The classes combine different dance styles including merengue,</p>

Town of Plainville Senior Center
200 East Street
Plainville, CT 06062
Phone: 860-747-5728

Bristol,
Farmington,
Plainville,
New Britain,
Plymouth,
Southington

Foot Care

cha-cha, belly dance, rumba, tango and salsa in an effort to make exercising fun. The class is led by a certified Zumba Gold exercise instructor each Thursday.

Plainville Health Promotion

Offers a comprehensive fitness center. A routine foot care is available for senior center members and Plainville residents.

Information & Referral

North Central Area Agency on Aging, Inc.
151 New Park Avenue, Box 75
Hartford, CT 06106
Phone: 860-724-6443 or 1-800-994-9422

North Central
Region

Information & Assistance

CHOICES Program

Provides free comprehensive information and assistance, outreach, counseling and eligibility screening services regarding a variety of aging issues, such as health insurance, and federal, state, and local benefits and/or support programs.

Parkville Senior Center
11 New Park Avenue
Hartford, CT 06106
Phone: 860-232-7867

Hartford

Social Support
Benefits Counseling
Information & Assistance

Social Services Initiative

Provides information and assistance services and connects them to needed services and benefits.

Outreach

Town of Enfield Social Services
110 High Street
Enfield, CT 06082
Phone: 860-253-6396

Enfield

Information & Assistance
Outreach, Home Repair,
Social Support, Benefits
Counseling, Health
Screening

Enfield Cares Project

Provides one stop access, information and referral services, social/emotional and community information to homebound seniors. Addressing a wide variety of needs to seniors in the Town of Enfield.

Town of Hebron/Russell Mercier Senior Center
15 Gilead Street
Hebron, CT 06248
Phone: (860) 228-1700

Hebron

Outreach
Social Support

Hebron Social Services Outreach & Support

Provides outreach and person-centered social support services, seniors will become aware of appropriate resources available, and how to secure them.

Transportation

Human Resources Agency New Britain
180 Clinton Street
New Britain, CT 06053
Phone: 860-225-8601

Bristol
Burlington
Farmington
New Britain
Plainville
Plymouth

Transportation

HRA Elderly Transportation Program

Provides rides for shopping, medical appointments, the Bristol Senior Center, and various other locations.

<p>City of Hartford Health & Human Services Public Transportation Division 131 Coventry Street Hartford, CT 06112 Phone: 860-757-4724</p>	Hartford	Transportation	<p>Hartford Dial-A-Ride/Inter Town Grocery Shuttle Provides demand-response and pre-scheduled transportation services to older and disabled residents of Hartford. Service is provided to medical appointments, senior community cafés, senior centers, grocery shopping and religious services. Operates seven days a week. A weekly inter-town grocery shuttle is also offered.</p>
<p>Community Renewal Team, Inc. (CRT) 555 Windsor Street Hartford, CT 06120 Phone: 860-560-5600</p>	Berlin New Britain Southington Suffield Windsor Locks	Transportation	<p>RSVP Medical Transportation Program Provides “door through door” medical transportation service through its Retired Senior Volunteer Program (RSVP) for senior citizens. CRT’s RSVP service will provide free rides (with suggested donations) that provide pick-up, appointment duration, and return-home support for convenience, companionship, safety and ease. CRT’s trained volunteers will be available Monday-Friday, 9 a.m. to 3 p.m.</p>
<p>Town of Hebron 15 Gilead Street Hebron, CT 06248 Phone: 860-228-5971</p>	Hebron	Transportation	<p>Hebron Expanded Transportation Project</p>
<p>Hockanum Valley Community Council 27 Naek Road, Suite 5a Vernon, CT 06066 Phone: 860-872-9825</p>	Bolton, East Hartford Ellington Glastonbury Manchester, South Windsor, Stafford, Tolland, Vernon	Transportation	<p>Early Morning and Senior Inter-Town Transportation Provides transportation primarily for medical purposes. Other trips may take place on a space available basis.</p>

Senior Transportation Services

830 Corbin Avenue
New Britain, CT 06052
Phone: 860-224-7117

Berlin
Bristol
New Britain
Plainville
Southington

Medical Transportation

Senior Medical Transportation Program

Provides door-to-door transportation to medical appointments, including dentists and ophthalmologists.

Town of Ellington

40 Maple Street
Ellington, CT 06029
Phone: 860-870-3133

Bloomfield,
Bolton, East
Hartford, East
Windsor,
Ellington,
Enfield,
Farmington,
Glastonbury

Transportation

Ellington Medical Appointment Transportation Services

Provides door-to-door services to residents for non-emergency medical appointments on a scheduled basis for individuals age 60 years and older.

Town of Windsor, Senior Services

599 Matianuck Avenue
Windsor, CT 06095
Phone: 860-285-1992

Windsor

Transportation

Evening and Weekends Senior Transportation

Provides seniors an opportunity to attend a senior center activity, outing or restaurant in the evening and/or weekend.

LEGAL

Legal services programs are funded under Part B of Title III and provide funds to agencies that have expertise in specific areas of law affecting older persons in economic and social need and that have the capacity to provide support to other aging advocacy efforts.

Greater Hartford Legal Aid, Inc.

999 Asylum Avenue, 3rd Floor
Hartford, CT 06105
Phone: 860-541-5000

North Central
Region

Legal Assistance

Senior Law Project

Provides the following services:
Full legal representation, brief services and legal advice to elderly individuals and groups; Information and referral through outreach and pamphlets; Law reform activities; Involvement of the private bar through its pro bono referral service; and Legislative Advocacy.

IN HOME SERVICES

A wide range of in-home services is provided for older persons under Title III-B to improve their quality of life and prevent premature institutionalization. These services give preference to the elderly in greatest social and economic need, particularly low income, frail, homebound, and minority elderly. Preference is also given to programs that demonstrate innovative approaches to in-home service delivery.

AHM Youth and Family Services

25 Pendleton Drive
Hebron, CT 06248
Phone: 860-228-9488

Andover
Hebron
Marlborough

Chores

AHM Chores Program

An intergenerational program whereby teens provide chore services to seniors. Youth workers provide services such as light house cleaning, weeding gardening and other chores.

Catholic Charities, Inc.

New Britain Family Service Center
90 Franklin Square
New Britain, CT 06051
Phone: 860-225-3561

Berlin
Bristol
Burlington
New Britain
Plainville
Plymouth
Southington

Information & Assistance,
Language & Translation,
Benefits Counseling,
Health Counseling

Comprehensive Senior Services

Provides individuals with behavioral health counseling as well as education and access to community resources and entitlement programs that will ease their financial burdens and promote independent living.

City of Hartford
131 Coventry Street
Hartford, CT 06112
Phone: 860-757-4730

Hartford

Benefits Counseling
Homemaker
Social Support

HEART (Hartford Elderly Assessment Response Team) & Home Help
Provides homemaker and chore services to seniors 60 years of age and older. Social support and benefits counseling services are also provided.

Communication Advocacy Network (CAN)
151 New Park Avenue, Suite 101
Hartford, CT 06106
Phone: 860-566-9489

North Central
Region

Outreach
Chore
Homemaker
Transportation
Home Repair
& Renovation
Public
Education
Shopping Services

Deaf Elderly Outreach Center
Provides referrals, advocacy and coordination of geriatric-based services to deaf and hard of hearing clients.

Community Companion & Homemaking Services
90 South Park Street
Willimantic, CT 06226
Phone: 860-456-3626

Andover
Hebron

Homemaker

Homemakers for Andover and Hebron
Provides homemaker services to individuals based on their ability to contribute an affordable amount. Homemaker services include general cleaning, shopping, laundry, meal preparation, medication reminder, transportation to doctor's appointments and respite for the caregivers of very frail elderly.

CT Coalition of Mutual Assistance Assoc.
2074 Park Street, Suite 103
Hartford, CT 06106
Phone: 860-236-6452

Bloomfield
East Hartford
Hartford
Manchester
Newington
New Britain
West Hartford
Windsor
Windsor Locks

Language Translation
Social Support
Medical Transportation

Social Support, Medical Transportation and Language Translation for Elderly Refugees and Immigrants
Provides social support services to refugees and immigrants with very little proficiency in English.

Town of Glastonbury Senior & Social Svc.
2155 Main Street
Glastonbury, CT 06033
Phone: 860-652-7710

Glastonbury

Chore

Glastonbury Gives and Cares
Provides chore service for seniors who want to remain in their home but need assistance with ongoing housekeeping.

Hockanum Valley Community Council, Inc.
29 Naek Road, Suite 5a
Vernon, CT 06066
Phone: 860-872-9825

Bolton
Ellington
Manchester
South Windsor
Stafford
Tolland
Vernon

Benefits Counseling
Food Pantry
Mental Health
Counseling
Outreach
Recreation
Social Support

Elderly Services
Provides supportive services: mental health counseling, case management counseling services, and health and educational sessions. A food pantry including delivery of food pantry items to the homebound is available.

Human Resources Agency New Britain
180 Clinton Street
New Britain, CT 06053
Phone: 860-225-8601

Bristol
Burlington
New Britain
Farmington
Plainville
Plymouth

Homemaker

Homemaker Program
Provides both long and short-term homemaker services. Short-term services are especially helpful for those who are convalescing from illness or injury and after being discharged from the hospital or similar situation.

<p>Town of Bolton, Senior Center 104 Notch Road Bolton, CT 06043 Phone: 860-647-9196</p>	<p>Bolton</p>	<p>Chore Homemaker Home Repair & Renovation</p>	<p>Senior Needs Assistance Program (SNAP) Provides chore assistance, home help, and handyman home and yard maintenance services.</p>
<p>Town of East Hartford Department of Parks & Rec., Sr. Services Div. 740 Main Street East Hartford, CT 06108 Phone: 860-895-1517</p>	<p>East Hartford</p>	<p>Shopping Services</p>	<p>East Hartford Grocery Delivery Older Adults may place their own grocery order over the phone and groceries are delivered from a major area supermarket. There is no delivery fee.</p>
<p>Town of Ellington P. O. Box 187 – 40 Maple Street Ellington, CT 06029 Phone: 860-870-3133</p>	<p>Ellington</p>	<p>Food Pantry</p>	<p>Ellington Nutritional Partnership Serves nutritious and delicious meals for lunch twice weekly to individuals 60 and older. Individuals will be asked to contribute a suggested donation of \$3.50 per meal.</p>
<p>Town of Plainville, Senior Center 200 East Street Plainville, CT 06062 Phone: 860-747-5728</p>	<p>Plainville</p>	<p>Adult Day Care Social Support</p>	<p>Adult Day and Social Support Program Provides structured small group activities and socialization for those unable to participate fully in senior center or other community functions.</p>
<p>Town of Windsor 599 Matianuck Avenue Windsor, CT 06095 Phone: 860-285-1839</p>	<p>Windsor</p>	<p>Food Pantry</p>	<p>Groceries to Go Program Provides groceries to seniors every other Friday.</p>
<p>West Hartford – Bloomfield Health District 580 Cottage Grove Road, Suite 100 Bloomfield, CT 06002 Phone: 860-561-7900</p>	<p>Bloomfield West Hartford</p>	<p>In Home</p>	<p>Home Help Provides light housekeeping services, social support services and health counseling</p>

West Hartford Housing Authorities
80 Shield Street
West Hartford, CT 06110
Phone: 860-233-3596

West Hartford Social Support

Elderly Access to Services
Provides social support to encourage appropriate use of health services to help reduce barriers to accessing comprehensive health and social support.

ADULT DAY CARE

Adult Day Care programs are funded under Part B of Title III and provide a structured program of social, health, and rehabilitative services to frail older adults. Services are designed to promote the individual's maximum level of functioning and dignity while preventing premature or inappropriate institutionalization. Adult Day Care services also provide necessary respite for caregivers.

Hebrew Health Care
1 Abrahms Boulevard
West Hartford, CT 06117
Phone: 860-523-3800

Bloomfield
Canton
East Hartford
Farmington
Hartford,
Manchester
West Hartford
Windsor

Adult Day Care (Medical)

Dawn to Dusk
Provides service six days per week, including many national and Jewish holidays. In addition, Sunday through Friday program hours are extended beyond the 7:30 a.m. to 4:30 p.m. schedule. Following the medical model, health and wellness-related services are intermingled with social programs.

Town of Windsor

330 Windsor Avenue

Windsor, CT 06095
Phone: 860-547-0251

Bloomfield,
Bristol
East Granby
East Windsor
Granby
Hartford
South Windsor
Windsor
Windsor Locks

Adult Day Care (Medical)

Caring Connection Adult Day Health Ctr.

Provides daily programming, health care services and respite for caregivers in a safe, structured and medically supervised community setting designed for frail elders and the disabled who otherwise might be prematurely transitioned to an institutional setting. Open Monday through Friday from 7:00 a.m. to 4:30 p.m.

EDUCATION / COUNSELING SERVICES

Community Education and Counseling services are funded under Part B of Title III and support projects that demonstrate the ability to educate the community about issues, services and products designed to assist persons 60 years and older and their caregivers. Counseling services, including but not limited to psychosocial group sessions and individual counseling may also be provided.

CT Coalition of Mutual Assistance Assoc.

2074 Park Street, Suite 103
Hartford, CT 06106
Phone: 860-236-6452

Bloomfield
East Hartford
Hartford
Manchester
Newington
New Britain
West Hartford
Windsor
Windsor Locks

Language Translation
Social Support
Medical Transportation

Social Support, Medical Transportation and Language Translation for Elderly Refugees and Immigrants

Provides social support services to refugees and immigrants with very little proficiency in English.

COMMUNITY SERVICES

Community services projects are those that expand opportunities, foster independent action and provide specific services to the older adult community. These include training, re-training, volunteer/job placement, economic development, and housing support services.

Parkville Senior Center 11

New Park Avenue Hartford,
CT 06106
860-232-7867

Hartford

Senior Center Participation

Cultural Heritage Celebrations

Celebrates the culture of the many members who make up the diverse center. The celebrations have recognized the Vietnamese, African American, Guyanese, Trinidadian, Irish, Portuguese, French, German, Assyrian, Hungarian, West Indian, Italian and Hispanic heritages.

Human Resources Agency New Britain
180 Clinton Street New
Britain, CT 06053 Phone:
860-225-8601

Bristol
Burlington
New Britain
Farmington
Plainville
Plymouth

Information & Assistance
Outreach

HRA Elderly Service Program
Provides outreach and information sharing
to identify elders who are at risk or abused
to empower and support them to get
assistance from appropriate community
resources.

NUTRITION SERVICES

Nutrition programs are funded under Part C of Title III. Subpart I funds congregate meal site programs; these are meals served at senior centers, housing complexes, and various other locations, referred to as “senior community cafés”. Subpart II funds home delivered meals programs; these meals are delivered directly into the homes of homebound seniors.

Community Renewal Team, Inc.

555 Windsor Street
Hartford, CT 06120
Phone: 860-560-5600

Almost entire
North Central
Region (except
Greater New
Britain area);
check with
program for
availability

Congregate Meals
Home Delivered Meals
Nutrition Counseling
Nutrition Education

Elderly Nutrition Program

Provides meals at senior community cafés throughout the Capitol sub-region (Greater Hartford area) during the week. Additional meals (two per day) are delivered to homebound clients. Nutrition counseling and education is also offered.

CW Resources, Inc.

200 Myrtle Street
New Britain, CT 06053
Phone: 860-229-7700

Berlin, Bristol,
Burlington
New Britain
Plainville
Plymouth
Southington

Congregate Meals
Home Delivered Meals
Nutrition Counseling
Nutrition Education

Elderly Nutrition Program

Provides meals at senior community cafés throughout the Central sub-region (Greater New Britain area) during the week. Home delivered meals are available for homebound clients. Nutrition counseling and education is also offered.

City of Hartford Health & Human Services

131 Coventry Street
Hartford, CT 06112
Phone: 860-757-4700

Hartford

Congregate Meals
Nutrition Education

Hartford Elderly Nutrition Program

Provides meals at senior community cafés at locations within the City of Hartford during the week.

Town of Enfield

110 High Street
Enfield, CT 06092
860-253-6394

Enfield

Congregate Meals

Elderly Nutrition Program

Provides meals at senior community cafés

Senior Community Cafés (Congregate Meal Sites) in the North Central Region

Town	Café Site	Location/ Phone Number	Day(s) of Operation	Managed By
Avon	Avon Senior Center	635 West Avon Road Avon, CT 06001 860-674-4353	Tuesday, Thursday	Community Renewal Team
Berlin	Berlin Senior Center	33 Colonial Drive Kensington, CT 06037 860-670-8546	Monday – Friday	CW Resources
Bloomfield	Bloomfield Senior Center	330 Park Avenue Bloomfield, CT 06002 860-243-2535	Tuesday, Wednesday	Community Renewal Team
Bloomfield	Federation Homes	156 Wintonbury Avenue Bloomfield, CT 06002 860-243-2535	Monday – Friday	Community Renewal Team
Bristol	Bristol Senior Center	240 Stafford Avenue Bristol, CT 06010 860-582-5928	Monday – Friday	CW Resources
Bristol	Kennedy Apartments	70 Gaylord Street Bristol, CT 06010 860-583-3773	Monday – Friday	CW Resources
Canton	Canton Senior Center	40 Dyer Avenue Collinsville, CT 06022 860-693-5811	Wednesday, Friday	Community Renewal Team
East Hartford	South End Senior Center	70 Canterbury Street East Hartford, CT 06118 860-569-5655	Monday – Wednesday	Community Renewal Team

East Windsor	East Windsor Senior Center	125 Main Street Broad Brook, CT 06016 860-292-8279	Monday – Friday	Community Renewal Team
Enfield	Enfield Senior Center	299 Elm Street Enfield, CT 06082 860-763-7428	Monday – Friday	Community Renewal Team
Enfield	Mark Twain Congregate	110 South Road Enfield, CT 06082 860-749-4816	Monday – Friday Saturday – Sunday	Community Renewal Team
Granby	Granby Senior Center	15-C North Granby Road Granby, CT 06035 860-844-5351	Tuesday, Thursday	Community Renewal Team
Hartford	Hispanic Senior Center	95 Park Street Hartford, CT 06106 860-527-1127 x289	Monday – Friday	Community Renewal Team
Hartford	Mahoney Village	73-79 Vine Street Hartford, CT 06112 860-723-8457	Monday – Friday	Community Renewal Team
Hartford	North End Senior Center	80 Coventry Street Hartford, CT 06112 860-757-0801	Monday – Friday	City of Hartford (HHHS)

Hartford	Parkville Senior Center	11 New Park Avenue Hartford, CT 06106 860-232-7867	Monday – Friday	Community Renewal Team
Hartford	Shepherd Park Apartments	170 Sisson Avenue Hartford, CT 06105 860-523-9159	Monday (evening)	Community Renewal Team
Hartford	Smith Towers	80 Charter Oak Avenue Hartford, CT 06106 860-723-8448	Monday – Friday	Community Renewal Team
Hartford	South End Senior Wellness Center	830 Maple Ave Hartford, CT 06114 860-757-0840	Monday – Friday	City of Hartford (HHHS)
Hartford	Tuscan Brotherhood Homes	66 Montville Street Hartford, CT 06120 860-527-8437	Monday – Friday	Community Renewal Team
Hebron	Russell Mercier Senior Center	14 Stonecroft Drive Hebron, CT 06248 860-228-1700	Monday, Tuesday, Thursday	Community Renewal Team
Marlborough	Marlborough Senior Center	17 School Drive Marlborough, CT 06447 860-292-8279	Monday, Wednesday, Friday	Community Renewal Team
New Britain	New Britain Senior Center	55 Pearl Street New Britain, CT 06051 860-826-3553	Monday – Friday	CW Resources

Newington	Newington Senior Center	120 Cedar Street Newington, CT 06111 860-667-5837	Monday – Friday	Community Renewal Team
Plainville	Plainville Senior Center	200 East Street Plainville, CT 06062 860-747-5728	Monday – Friday	CW Resources
Plymouth	Gosinski Park	31 Gosinski Park Terryville, CT 06786 860-670-8818	Monday – Friday	CW Resources
South Windsor	South Windsor Senior Center	150 Nevers Road South Windsor, CT 06074 860-648-6361	Monday – Friday	Community Renewal Team
Southington	Calendar House	388 Pleasant Street Southington, CT 06489 860-621-6738	Monday – Friday	CW Resources
Stafford	Stafford Springs Senior Center	3 Buckley Highway Stafford Springs, CT 06076 860-684-3906	Monday – Friday	Community Renewal Team
Vernon	Florence Mills	121 West Main Street Rockville, CT 06066 860-324-6325	Monday, Wednesday	Community Renewal Team
Vernon	Franklin Park Apartments	114 Franklin Park Rockville, CT 06066 860-913-5516	Monday – Friday	Community Renewal Team

Vernon	Highrise Apartments	21 Court Street Rockville, CT 06066 860-324-6325	Tuesday, Thursday, Friday	Community Renewal Team
West Hartford	Elmwood Community Center	1106 New Britain Avenue West Hartford, CT 06117 860-561-8167	Monday – Friday	Community Renewal Team
West Hartford	Federation Square	2 Starkel Road West Hartford, CT 06117 860-236-4136	Monday – Friday	Community Renewal Team
Wethersfield	Wethersfield Senior Center/ William Pitkin Community Center	30 Greenfield Street Wethersfield, CT 06109 860-721-2955	Monday – Friday	Community Renewal Team
Windsor	LP Wilson Community Center	599 Matianuck Avenue Windsor, CT 06095 860-285-1843	Monday – Friday	Community Renewal Team
Windsor Locks	Ettore Carniglia Senior Center	41 Oak Street Windsor Locks, CT 06096 860-627-1425	Monday – Friday	Community Renewal Team

DISEASE PREVENTION & HEALTH PROMOTION SERVICES

Disease Prevention and Health Promotion services are funded under Part D of Title III and provide older persons with preventative health services and information not reimbursable under Medicare. These programs foster independence and allow people to remain independent. In the North Central region, all programs are evidence-based.

City of Hartford, Health & Human Services 131 Coventry Street Hartford, CT 06112 Phone: 860-757-4730	Hartford	Health Screening Therapeutic Activity	Keep On Living Wellness Project Promotes good health, physical activity, related health information/screenings and counseling. Services include medication management, health screenings and physical activity programs to support active lifestyles.
CT Community Care Inc. 43 Enterprise Drive Bristol, CT 06010 866-845-2224	Avon East Hartford Glastonbury Granby Hebron Newington South Windsor	Falls Prevention	Falls Prevention Evidence-based falls prevention programs that have been proven to reduce falls, fear of falling, and fall related injuries in older adults.
West Hartford – Bloomfield Health District 580 Cottage Grove Road, Suite 100 Bloomfield, CT 06002 Phone: (860) 561-7900	Bloomfield West Hartford	Health Promotion	A Matter of Balance Provides evidence-based falls management program to reduce the fear of falling, increase strength and balance, and educate participants in ways to change their environment to reduce fall risk factors

CAREGIVER SUPPORT SERVICES

Caregiver Support services, which are funded under Part E of Title III, provide information about the availability of support services, assistance in gaining access to them, and individual and group counseling to help make decisions and solve problems for family caregivers and grandparents raising grandchildren.

Supportive Services for Grandparents/ Relatives Raising Children

Catholic Charities, Inc. Institute
for the Hispanic Family 45
Wadsworth Street
Hartford, CT 06106
Phone: 860-493-1841

Hartford

Caregiver Counseling
Caregiver Support
Groups

Grandparents Program

Addresses the gaps in community-based services for bi-lingual/bi-cultural elderly primary caregivers or legal guardians of a relative child under 18 years of age. Services include: outreach, relevant support services, referrals and advocacy, benefits counseling, weekly support group sessions and other supplemental services.

Community Renewal Team, Inc.
555 Windsor Street
Hartford, CT 06120
Phone: 860-895-6605

Hartford

Child Respite

Grandparents Education and Respite

Provides a combined education and respite program for Hartford residents 55 and older who are the primary caregivers for their grandchildren. The grandchildren are the dependents of those Hartford residents.

The Salvation Army
217 Washington Street
Hartford, CT 06106
Phone: 860-543-8413

Bloomfield,
Hartford
Newington
South Windsor
West Hartford
Wethersfield
Windsor

Caregiver Support Group
Caregiver Training
Child Respite
Caregiver Counseling
Outreach

Parents Second Time Around

Provides Outreach, Social Services Support, Caregiver counseling, Support Groups, and Adult and Child Respite. Families will develop a Family Goal Plan, build trust, enhance communication, cohesiveness, and increase tangible resources to support each caregiver/family.

Town of Enfield Social Services
110 High Street
Enfield, CT 06092
860-253-6394

Enfield

Caregiver Support Group
Child Respite

Grandparents Raising Grandchildren
Provides support services for Enfield grandparents and other relatives who are primary caregivers for their grandchildren or other relatives.

Town of Plainville
200 East Street
Plainville, CT 06062
Phone: 860-747-5728

Bristol
Farmington
Plainville
Plymouth
New Britain
Southington

Caregiver Training
Child Respite

Plainville Grandparents Program
Provides grandparents with an opportunity to connect on issues of raising young children in today's world as well as a way to obtain information and education on other topics that are relevant to this population. Group meets bi-monthly.

Town of Windsor
599 Matianuck Avenue
Windsor, CT 06095
Phone: 860-285-1990

Windsor

Caregiver Support

Grandparents & Kinship Circle
Support and resource group for Grandparents Raising Grandchildren and other caregivers raising others children

STATE ALZHEIMER'S AIDE

The State of Connecticut provides funds to support special Alzheimer's Aide projects. In the North Central region, this funding has been allocated to five adult day center sites for an Alzheimer's Aide designated to attend to the needs of Alzheimer's participants.

The Caring Connection Adult Day Center

330 Windsor Avenue
Windsor, CT 06095
Phone: 860-547-0251

Hebrew Health Adult Day Services at Hebrew Health Care

1 Abrahms Boulevard
West Hartford, CT 06110
Phone: 860-523-3816

Live Well Alliance

1261 South Main Street
Plantsville, CT 06479
860-628-9000